



Newsletter No. 08 October 2016

FROM THE PRINCIPAL



Eternal God

Bless all our schools throughout Aotearoa. May they be lively centres for sound learning, new discovery, and the pursuit of wisdom; and grant that those who teach and those who learn in them may find you to be the source of all truth; Amen

Senior Students Making the Most of Final Days

The upcoming weeks are a busy time for senior students as they focus on tutorials and completing final assessments towards NCEA exams. Preparation for NCEA should now be well underway for senior students. Parents can support their child(ren) by checking the NCEA exam schedule and putting a copy of this somewhere central for all to see. Note especially whether the exam is in the morning or afternoon. Exams are no longer just a case of remembering everything. Students must be clear about what to do to achieve a standard (exam) with merit or excellence, it is clearly stated what a student must do in the exam to achieve this.

Junior School

Exams for Years 7 to 10 will be on Friday 11 and Monday 14 November and assessments will be across the main core subject areas. We also look forward to the Year 10 Camp in November.

Sports Awards

Last week we celebrated sporting achievements for this year. Congratulations to all those individuals and teams that were honoured and we acknowledged all those involved in the sports programme and others who made it all possible — coaches, managers, side-line supporters, transporters, hospitality etc.

Upcoming Events

November

- Thanksgiving Mass 10.30 am (Y12&13 dismissed at 12.15pm, in lieu of evening prizegiving)
 Senior Prizegiving - 7.00 pm
- 3 Year 11 Prizegiving 9.30 am (Y11 students dismissed at 11.45 pm for NCEA Study Leave)
- 16 New Parent Evening
 Auditorium 6pm 7pm
- 22-25 Year 10 Camp
- 26 Uniform Sale Day Auditorium 10.00 am – 1.00 pm
- 28 BOT Meeting 6.00 pm

December

- 2 Senior Clearance Day 9.00 am 10.00 am
- 5 Year 13 Leavers' Dinner
 6.30 pm for 7.00 pm start to
 10.30 pm
- 12 Year 7/8 Prizegiving
- 13 Year 9/10 Prizegiving
- 14 Final Day of 2016

Please visit the Sancta Maria College Website Portal for details of school events

Congratulations to Paige Butterworth and Izaak Tele - Student Coaches of the Year; Julian Greengrass - Manager of the Year; Conal Dempsey - Coach of the Year and The U15 Boys Basketball were Team of the Year.





Art Exhibition

It was a pleasure to attend the Levels 1 and 2 Folio Exhibition last week. We have many talented and creative students and they should be very proud of their work. I hope many friends and family came to view the painting, photography and design work, where many students excelled.

Thanksgiving Mass

Our Thanksgiving Mass will be held on **Wednesday 2 November at** 10.30 am with Fr Kevin Murphy SM as our Celebrant. At this Mass we will be especially thanking **Mr Kevin Saunders** who has recently retired. Mr Saunders joined Sancta Maria College in a part-time position in 2005 and full-time in 2006. He has been teaching predominantly Religious Education and exemplifies the values of our Catholic Faith. We are thankful for the superb Year-Book publication produced over a number of years, his leadership with staff and students in the Peer Support programme and news centre. There is much to thank and acknowledge Mr Saunders for.

SMC Family Mass - 'See You All Soon'

This will be held on **Sunday 13 November at 8.30 am, St Lukes Parish** and Fr Kevin Murphy SM will be our celebrant. We will be especially giving thanks to **Fr Ezio Blasoni SM** for his support and work with the college through its establishment years. Fr Ezio attributed to the unique Special Character of the college, bringing to us all a greater understanding and depth of what our faith community is established upon. He has grown a village for which we have much to acknowledge. I hope to see our college families join us at our Family Mass for this year.

Teacher Shortage - Not so for SMC

Finally, you will have noted with interest from recent media articles and news that there is a teacher shortage in the Auckland area. This is an ongoing concern for the profession. Please be assured that the College has attracted and secured quality teaching staff for 2017 and at this time are fully-staffed. I know you will support the College in welcoming them to our school community next year and fully appreciate the gifts and talents they each bring.

With Blessings Louise Moore Principal

SENIOR PRIZEGIVING - WEDNESDAY 2 NOVEMBER ROAD CLOSURE: Te Irirangi Drive/Accent Drive Intersection

We have been notified from Fulton Hogan in regard to road closure from 7.00 pm – 5.30 am as follows:

- Southbound Lane Closure: Te Irirangi Drive (Smales Road to Accent Drive)
- Northbound Lane Closure: Te Irirangi Drive (Ormiston Road to Accent Drive)

Please ensure you arrive for prizegiving prior to 7.00pm or access Sancta Maria College via Accent Drive along the slip lane onto Te Irirangi Drive. Following the prizegiving all vehicles will need to turn left when departing the College and follow the detour signs. We ask for your patience as you leave following prizegiving as there will be queues of traffic.



CHAT FROM THE CHAIR

I'm just waiting for the first Christmas adverts to be played as we count down towards the end of the year. As with every other year I'm already asking myself why has it gone so fast?

From a Board perspective we have seemingly just moved on from the recent BOT elections. Already our new Parent Representatives Amelia and Hazel are getting to grips with how the Board functions and what we are looking to achieve. It's great having them on board.

We have one major project in our sights. That is the building of new classrooms in the space under the library. Senior Leadership have spent a considerable amount of time reviewing the original plans and have recommended an excellent looking concept. We now have the Council Building Consent and hope that construction can get underway before the end of the year. As with any building project the costs are significant but the Board is determined to achieve an outcome that is fit for purpose and won't need rework in years to come.

Our school prides itself on its Special Character. We strive to prepare our students – our children, for the reality of life after school. We have just had the Local Body elections. The stand out feature of the Auckland campaign and result for me was the performance of Chloe Swarbrick. She had a minimal budget, depended heavily on social media and her own special character. Third place in the mayoral results was outstanding. She is to be congratulated for the manner in which she conducted herself and for the result she achieved. Do we have a budding Chloe in our school?

What a contrast we see with the American Presidential race. "How **NOT** to Conduct Yourself" Level 101 portrays America in a disappointing light. Chloe could teach Hilary and Donald a thing or two!

Social media can be a double edged sword. It's fast, immediate and low cost in terms of dollars. But what we sometimes forget is that it's there forever! Earlier this year we organised for NetSafe to present to the Board and to parents. The turnout of parents was disappointingly small.

I strongly urge parents to do some homework of their own to gain a better understanding of just what could be going on with our children's phones and tablets and laptops. For all that our children might know much about aspects of this technology, they really don't know too much about life. Let's help them with that!

Brendan Ryan Chairperson Sancta Maria College BOT



CHAPLAIN'S CORNER

WHAT MORE CAN YOU ASK

God's love endureth forever —
What a wonderful thing to know
When the tides of life run against you
And our spirit is downcast and low . . .
God's kindness is ever around you,
Always ready to freely impart
Strength to your faltering spirit,
Cheer to your lonely heart . . .
God's presence is ever beside you,
As near as the reach of your hand,
You have but to tell Him your troubles,
There is nothing He won't understand . . .
And knowing God's love is unfailing,
And His mercy unending and great,
You have but to trust in His promise.

'God comes not too soon or too late' . . . So wait with a heart that is patient For the goodness of God to prevail. For never do prayers go unanswered, And His mercy and love never fail.



SPECIAL CHARACTER

De La Salle, McAuley And Sancta Maria College Celebrate Their Young Vinnies Work In 2016

Friday 16 September saw the celebration and get together of our three East / South Auckland Catholic secondary schools. This event was graciously hosted by De La Salle College who put together a moving liturgy and a great spread for us all. The purpose of the event was for the students from the three Colleges to get to know each other and to share ideas of what each school had been involved in throughout 2016 with their Young Vinnies groups. Although people were a little shy to start off with, the Vinnies team leaders (Bob and Gene) soon put the groups at ease and ran some highly entertaining ice-breakers and warm up activities. Sancta Maria College organised and ran a great quiz that tested not just biblical knowledge, but pop culture, musical appreciation and gave them all a chance to showcase their diligence in Religious Education classes!





Representatives from each College shared their original Young Vinnies events and initiatives to much applause and appreciation from the whole group.

The success that each College has had with their fundraisers emphasised the generosity of our College communities. We are proud of and appreciate our students' enthusiasm, engagement and leadership in the Young Vinnies programme and this is hopefully the start of a renewed connection between the three Catholic schools.



Young Scientists Show Initiative To Help Those In Need

WOW! It has been a busy holiday for some 9BRN and 9GNS students! They've been working on their food parcel project that Dr Laux initiated at Sancta Maria College in Term 3, in the Science department.

As part of their Food and digestion unit, the two Year 9 classes have been involved in a community-orientated project where they are required to fundraise goods to make a healthy food parcel. The product needs to meet the nutritional requirements for a family of four. The parcels will be donated to St Vincent de Paul.

In the first weekend of the school holidays, Ethan's group (9BRN) sold baked items at St Benedict's and coming to the last weekend of the holiday, Miyuki's group (9GNS) held a sausage sizzle at Bunnings, Botany. Both groups raised over \$100, allowing them to purchase non-perishable items for their food parcels.

Well done all and thank you to parents, teachers, students and the community for supporting this new initiative!







2016 Sports Awards

Student Coach of the Year

Paige Butterworth & Izaak Tele

Team of the Year U15 Boys Basketball

Justin Ang Gerard Domingo
Karl Guarin J L Lopez
Braedyn Mackay Ben Manuyag
Angelo Matanguihan Eujohn Romero

Thomas Wood

Most Valuable Track & Field Tanya Murray
Distance Running – Most Outstanding Runner Anna Faulkner

Badminton

Athletics

Badminton Cup – Most Valuable PlayerCalvin PangSMC Blues AwardRoanne ApalisokSMC Blues AwardClive LunaSenior B1 Most Valuable PlayerAaron Livu

Senior B1 Most Valuable Player Aaron Liyu
Senior B2 Most Valuable Player Timothy Chua
Senior C Most Valuable Player Gabriel Nito

Basketball

Boys Basketball Cup – Most Outstanding Male Player
Girls Basketball Cup – Most Outstanding Female Player
U19 Boys Outstanding Leadership
U19 Girls Most Improved Player
Gayle Lee
Jason Stokes
Katrina Padilla
John Purificacion
Gayle Lee

U19 Girls Outstanding Commitment

U17A Boys Outstanding Leadership

Genesis Grant

U17A Boys Most Valuable Player

Adam Salamoun

U17B Boys Most Valuable Player

U17B Boys Most Improved Player

Kane Smith

U17 Girls Most Improved Player Hannah Smillie
U15 Boys Most Valuable Player JL Lopez

U15 Boys Most Improved Player Eujohn Romero

U15 Girls Best Team Contributor

U15 Girls Most Valuable Player

Vear 7 8 8 Roys (Green) Most Valuable Player

Soth Sounders

Year 7 & 8 Boys (Green) Most Valuable Player
Year 7 & 8 Boys (Green) Best Team Contributor
Year 7 & 8 Boys (Yellow) Most Valuable Player
Year 7 & 8 Boys (Red) Most Valuable Player
Year 7 & 8 Boys (Red) Outstanding Leadership
Year 7 & 8 Boys (Orange) Most Valuable Player
Year 7 & 8 Boys (Orange) Most Valuable Player
Noah King

Year 7 & 8 Boys (Orange) Most Valuable Player
Year 7 & 8 Boys (Blue) Most Valuable Player
Year 7 & 8 Boys (Blue) Most Valuable Player
Year 7 & 8 Boys (Blue) Outstanding Leadership

Indah King
Eli Lesoa
Lorenzo Flores
Year 7 & 8 Boys (Blue) Outstanding Leadership
Joshua Wooler





Swimming

Outstanding Achievement Trelise Dance
Senior Open Outstanding Achievement Taylor Stevens

Hockey

Boys Hockey Cup – Boys 1st XI Most Valuable Player

Girls Hockey Cup – Girls 1st XI Most Valuable Player

1st XI – Boys Most Improved Player

1st XI – Boys Outstanding Sportsmanship

1st XI – Girls Most Improved Player

2nd XI – Girls Most Improved Player

2nd XI – Girls Most Improved Player

2nd XI – Girls Most Valuable Player

Eden Lucas

Football

Girls Football Cup – Girls 1st XI Most Valuable Player Laura Mattson **SMC Blues Award** Caroline Barbafiera, Isabella Holt & Morgan Yate 1st XI – Girls Outstanding Leadership Siobhan Pike 1st XI – Girls Most Improved Player **Heather Bryant** 1st XI – Girls Outstanding Leadership Dayna Ruka U15 – Boys Most Valuable Player Finlay McKechnie U15 – Boys Most Improved Player **Kingsley Wills** U15 - Girls Most Valuable Player Jade Faulkner U15 - Girls Outstanding Leadership Alice Denham U15 – Girls Outstanding Sportsmanship **Grace Grove** Year 7 & 8 Boys Most Valuable Player **Zachary Saunders** Year 7 & 8 Boys Best Team Contributor **Jack Watkins**

Volleyball

Senior Boys – Most Valuable Player

Senior Girls – Most Valuable Player

Brian Cheong

Catherine Vaiangina

Gymsports

Outstanding Achievements

Louisa Nelson

Claudia Shervell

Rowing

Rower of the Year Eli Murphy

Rugby

1st XV - Rugby Player of the YearChristopher Field1st XV - Outstanding SportsmanshipLuke O'Connell1st XV - Most Improved PlayerDominic Stolten2nd XV - Outstanding SportsmanshipShaun Wright2nd XV - Most Valuable PlayerKurt Stokes2nd XV - Most Improved PlayerCalvin Quezet

Softball

Senior Boys Most Valuable Player Christopher Field



Netball

Netball Player of the Year Zoe Bradley Premier – Most Improved Player **Kelsey Evans** College 1 – Most Improved Player Jess Botherway College 7 – Most Valuable Player Claudia Jiminez College 7 – Most Improved Player Niamh Walsh 10A - Most Valuable Player Hannah Ralph-Smith 10A - Most Improved Player **Tahlisa Stevens** Chriselle Calicdan 10B - Best Team Contributor 10B – Most Improved Player Grace Joblin 10C - Most Valuable Player Sarah Holt 10C - Most Improved Player Natalia Chu 10D - Most Valuable Player Tyra Warnock 10D - Most Improved Player Megan Noronha 9A – Most Valuable Player Maia Cook Catherine Chan 9A – Most Improved Player 9B – Most Valuable Player Phoebe McLennan 9B – Most Improved Player Samantha Bottom 8A – Most Valuable Player Gemma Holt & Aerin Henry 8A – Most Improved Player Miriama Magele-Rees **Chloe Presnall** 8B – Most Valuable Player Carmela Kendrick-Jones 8B – Most Improved Player 8C – Most Valuable Player Megan Lambert 8C – Most Improved Player Joyce Ecclestone 8D – Most Valuable Player Nadine De Guzman 8D - Most Improved Player **Ellison Yong** 7A – Most Valuable Player Mikaela Lai & Keely-Marie Samuel 7A - Most Improved Player Salavaaia Lusi Ulupoao

Tennis

7B – Most Improved Player

7C – Most Valuable Player

7C – Most Improved Player

Tennis Cup – Most Outstanding Player

Senior Boys – Most Valuable Player

Senior Boys A – Best Team Contributor

U16 Girls A – Most Valuable Player

U16 Girls A – Best Team Contributor

U16 Girls B – Most Valuable Player

U16 Girls B – Most Valuable Player

Mia Gilchrist

Touch Rugby

Senior Boys – Most Valuable Player

Senior Boys - Outstanding Sportsmanship

Senior Boys – Most Improved Player

Senior Girls – Most Valuable Player

Senior Girls - Outstanding Sportsmanship

Senior Girls – Most Improved Player

Senior Girls – Most Improved Player

Senior Girls – Most Improved Player

Stephanie Santana Drago

Samantha Fuentes

Jade Pereira

Sharliz Ang























Senior School Tutorials

Accounting

Years 11, 12 and 13 Various times - speak with Mrs Du Burgess (DU8)

Art Subjects

Years 11, 12 and 13 Tuesday, Wednesday and Thursday 3.15 - 4.30 pm (Art rooms)

Biology

Year 13 Tuesday after school in CU6 3.30 – 4.30pm

Wednesday after school with Mr Williamson 3.30 – 4.30pm (CU6), Day 1 lunch

Year 12 with Ms Laux (CU7)

Scholarship Thursday after school with Mr Williamson (CU6) 3.30 – 4.30pm

Chemistry

Year 13

Wednesday after school with Mrs Singh / Mrs Mohammed 3.30 – 4.30pm

(CU9)

Scholarship Tuesday after school 3.30pm – 4.30pm (CU9)

Year 12 Day 2 lunchtime with Mrs Singh / Mrs Mohammed (CU9)

Classics

Year 13 Available – arrange times with Mr Arrowsmith (AU4)

Digital Technologies

Years 11, 12 and 13 Tuesday 3.30 -4.30 pm with Mr Glasse (BU2)

<u>Drama</u>

Years 11, 12, 13 Tuesday 3.30 -4.30 pm with Mrs Oliver (BG3)

Business Studies / Economics

Years 11, 12 and 13 Various times - speak with Mr Rogers (DU7)

<u>English</u> See English tutorial programme at bottom of the sheet

ESOL/Students doing AS1.1

and AS2.1 Wednesday after school 3.30 – 4.30pm with Ms Pahulu (AM3)

French

Scholarship and Year 13 Tuesday 3.30 - 4.30 pm with Mrs Read (DG8)
Years 11 and 12 Wednesday 3.30 - 4.30 pm with Mrs Read (DG8)

Geography

Years 12 and 13 Available – arrange times with Miss Bradley (AU1)
Years 11 Available – arrange times with Mrs Stickland (AU6)

W: www.sanctamaria.school.nz | P: +64 9 274 4081 | E: admin@sanctamaria.school.nz



History

Scholarship Thursday lunchtime with Mr Arrowsmith (AU4)

Years 12 and 13 Available – arrange times with Mr Arrowsmith (AU4)

Year 11 Tuesday 3.30pm with Mrs Stickland (AU6)

<u>Japanese</u>

Years 11, 12 and 13 Tuesday and Wednesday 3.30 - 4.30 pm with Mrs Kevern (TG3)

Available - numerous tutorials. See you teacher for the weekly tutorial times

Mathematics and venues.

Details also on Maths classroom windows.

Media Studies

Years 12 and 13 Monday 7th Nov 11 am – 1 pm with Mrs Sullivan or Miss Goulding (AM6)

Scholarship Monday 7th Nov 2 pm – 4 pm with Mrs Sullivan(AM6)

Music

Years 11, 12 and 13 Tuesday and Wednesday 3.30 – 4.30pm with Mr Gibbs (BU3)

Physical Education

Scholarship Available – arrange times with Mrs Heffernan (BG4)

Physics

Available at lunchtimes and after school – arrange times with Mr Harrison and

Years 12, 13 and Scholarship Mrs Singl

Also see teachers for content, dates and times of November tutorial sessions.

Science Year 11: classes

Year 11SCX and 11SCI – all

11SCI - Friday lunchtimes (CU6) 11SCX – lunchtimes arrangements with Mr

Harrison (CU4)

Technology

Hard Tech and DVC Years 11,

12 and 13 Most lunchtimes 1.25 - 2 pm (CG9 / CG10)

Tues, Wed, Thurs, Fri 3.20 - 4.30 pm - or as arranged with MCH (Yr 11 Foods);

AM4

TG1

REU (TSM & TFM)

Technology Food / Textiles Also available most lunchtimes Textiles: Weekend (Sat 10-2pm as required)

Mr Roberson

Year 11, 12, 13 see REU

English

Teachers may run other tutorials for their students. Department examination tutorials will run on the following Wednesdays after school, from 3.20 – 4.30pm.

Year 11Staff MemberVenueWeek 21.1 Written TextMiss GouldingAM619th October

Week 3 1.3 Unfamiliar Texts

26th October Year 12

Week 2 2.3 Unfamiliar Texts Mrs Connolly

19th October

Week 2 2.1 Written Text Miss Lee AM2

26th October

Year 13

Week 2 3.1 Written Texts Ms Langton TG3

19th October

Week 3 3.3 Unfamiliar Texts Mrs Sullivan AM6

26th October





Sancta Maria College School Term Dates 2017

Start of Term 1 2017

Thursday 2 February Yr7 Students (time to be confirmed)

Yr11-13 students (time to be confirmed) Students to attend in full school uniform

Friday 3 February Yr7-8 Students (time to be confirmed)

Yr9-10 students (time to be confirmed) Students to attend in full school uniform

Tuesday 7 February Full School

All Year Levels

Report by 8.40am for normal school day

3.15pm finish

School Term Dates 2017 Sancta Maria College				Teacher-Only Days (The school is closed for instruction)
Term 1	See above for different Year group starting dates. Times to be confirmed.	to	Thursday 13 April	Tuesday 31January and Wednesday 1 February
Term 2	Monday 1 May	to	Friday 7 July	Tuesday 6 June
Term 3	Monday 24 July	to	Friday 29 September	Friday 1 September
Term 4	Monday 16 October	to	Thursday 14 December	-

Public Holidays in 2017

Term 1 • New Year's Day - 1 January

Day after New Year's Day - 2 JanuaryWaitangi Day - 6 February (Monday)

Good Friday – 14 April
Easter Monday – 17 April
Anzac Day - 25 April

Term 2 • Queen's Birthday - 5 June (Monday)

(Teacher-Only Day follows - Tuesday 6th June)

Term 3 • Labour Day - 23 October (Monday)

• Christmas Day - 25 December

Boxing Day - 26 December



ART DEPARTMENT



NCEA Level 3 Folio Board Exhibition

You are warmly invited to join us in the Level 3 Folio Exhibition on Tuesday, 1 November from 4.00 pm till 6.30pm in the Sancta Maria College Art Department. There will be work from Painting, Photography, Design and Sculpture students.

This is an exciting opportunity to view work by Sancta Maria College's top Art students. We welcome all family and friends to come along.

Auckland Middle Schools Art Exhibition

Every year Sancta Maria College Art Department enters work from a selection of their Year 7 and 8 students into the Auckland Middle Schools Art Exhibition.

You are all warmly invited to attend the grand opening of this event which takes place on Sunday, 30 October from 5.00 pm till 6.30pm at Corban Estate, 426 Gt North Rd, Henderson. The show continues from 31 October till 5 November from 9.00 am - 5.00 pm.

The following students will have their work showcased.

Katie Wang, Bekie Jiang, Victoria Heald, Miriama Magele-Rees, Kenny Renju, Elia Simpson, Stella Kwon, Mazelle Chuardy, Belinda Lesmana, Ann Del Rosario, Kristene Ocampo, Todd Griffin, Max Chant, Thomas Heald, Justin Gumafelix, Jared Ocampo, Xavier Brown, Daniel Farrugia, Jade Pereira, Trelise Dance, Stella Cranwell, Hannah Dangatan





Level 1 And 2 Painting, Design & Photography Exhibition

Throughout the year students from Year 11 and Year 12 have been working to showcase their artistic talents by creating art boards filled with the beautiful artworks and ideas they have developed.

The art boards featured ranged from Level 1 (Year 11) to Level 2 (Year 12) showcasing the different art techniques that are available to students at these levels - Art design, Painting and Photography.

A variety of ideas were displayed through the art, from vintage themes to a fine dining convention and many more. All the boards showed the development of the students' designs, from their concept all the way to the final product of their hard work.



Callie Ordona

AUT Secondary Art Awards

Brunelle Dias and Dean Talavera had their work accepted into the AUT Secondary Art Awards.

The Gala Night was on Thursday, 13 October and was held at The Vodafone Events Centre, Manukau. Both Ms Turner and Ms Simmons attended this event and met the students and their families at the venue.

There was a variety of work on display and it was all outstanding. Brunelle's and Dean's work demonstrated a level of sophistication and skill not often seen at this level. Congratulations to them both.

http://theoriginalartsale.co.nz/





SPORTS

Girls Hockey

Building on the success of our teams this year we are looking for girls who will be in years 9-13 who are keen to try on the awesome goalie gear. Not only do you get to stay warm on the field on those cold days but you can be the awesome person to charge down players from the opposing team. If this sounds like fun to you please come and see Miss Bradley in AU1 to find out more and see about our Give it a Go experience.

EVENTS

Cultural Festival Celebrates Our Rich Diversity

Flags of many countries decorated the walls, excitement filled the crowd and the performers beamed with pride. Cultural Festival 2016 was a flash of colour, diversity, beautiful music, talent and pure happiness.

This day was indeed very special. Performers from different countries were able to showcase their identity, the beauty of their culture and their outstanding talents.



However, not only that. The other students were also able to witness and be wowed by the culture of others apart from their own. Performances ranged from the story-telling dance of the J Rock Dance to the groovy Bollywood dances.

The students definitely loved the performances, since cheers and shouts of support echoed from one performance to the next.

It can be easily agreed that Cultural Festival 2016 was a huge success.

Angelica Bilbao



Year 8s move to the beat



The much anticipated Y8 Peer Support Dance Off saw homerooms competing against one another for the trophy, won last year by 8CLE. Who would take away the 2016 prize?

Under the guidance of their Y12 peer support leaders, over the last few weeks the dance moves had been choreographed and practiced until perfect. Confidently and enthusiastically each homeroom took to the stage. Each dance drew rapturous applause from the appreciative audience (particularly when the homeroom teacher joined in). It was a celebration of the gifts of dance, joy and collaboration.

Now the difficult task of judging begins. Trophies and prizes for both the Y8 Dance Off and Y7 Sing Off will be awarded at next week's full school assembly when the winners are announced.

PARENT INFORMATION

Students Planning To Go To Tertiary Study After They Leave School Should Apply For Their Student Allowance Or Loan By 16 December.



StudyLink expects around 180,000 students to apply for their Student Allowance or Loan for the 2017 academic year.

Applying by 16 December means StudyLink can get everything sorted so that the student receives their funding from the start of their course. Students don't need to have their NCEA results or have locked down all their plans in order to apply.

Their application can be updated as things are confirmed. It's more important to allow enough time for all the steps in the application process to be completed.

Students can find out more about applying for a Student Allowance or Loan on the StudyLink website.

Pop a reminder in your calendar, or even better – go straight to studylink.govt.nz to apply now.





Bus Information

Everything about bus services in South Auckland will change on Sunday 30 October

There will be new bus routes and new timetables.

This means if your child uses a public bus to get to school, their journey is likely to be different and you will need to re-plan their bus journey.

Bus timetables and bus route maps are available from Auckland Transport's website www.AT.govt.nz/newnetworksouth

School buses

School buses will not change in October, however school buses will be reviewed in 2017.

More information is available on Auckland Transport's website or contact their Call Centre on 09 366 6400.

Keeping Well – How To Deal With Stress, Bullying And Other Stuff

With exams and school holidays coming up it is time to look at how we cope with the stress of term 4 and also how we get on with our friends and family over the summer break.

The counsellors at school have many ways to help with the stress of study and exams and with juggling time between the many demands on it for students at this time of year. Students know how to access our services.

A new website, called <u>Common Ground</u>, brings together the resources from the very best agencies in youth mental health – Youthline, Skylight and the Mental Health Foundation. Students and parents can access help and advice on a wide range of relevant issues from bullying to loss and grief to anxiety and depression. Here is a link:

http://www.commonground.org.nz/

The site is very user-friendly. Youthline is also looking for donations as the Government has cut their funding. This is dangerous for young people as it is the only agency that is free and universally accessible. Just go to their site. Cyberbullying. A new Act will soon come into force on Harmful Digital Communications. Do visit the Netsafe site to learn about this important new initiative.

https://www.netsafe.org.nz/

In addition we have other resources in our community. In Greenlane <u>The Parenting Place</u> has a Café and Bookshop and runs courses for parents as well as offering family and individual counselling. This Centre is an excellent resource.

http://www.theparentingplace.com/#

In Howick the <u>Sowers Trust at the Picton Centre</u> also run courses and are the local branch of the Triple PPP Programme, an award-winning programme for raising healthy and happy kids and giving support to parents. http://resolution.org.nz/auckland/

Teenagers who feel a bit "blue" can also access a game that is designed to coach them in valuable life skills while making it all fun. This is the SPARX programme, designed by the School of Psychological Medicine. Results from this programme are promising in terms of improving the wellbeing of those who play. Young people can access the game on line at:

www.sparx.org.nz

I wish you all a happy health break and leave you with an old but useful saying, "Don't sweat the small stuff".

Jenny Goddard, School Guidance Counsellor.







For more information please contact: Whitney Beasy—Youth Administrator

Phone: 835-0509 ext 812 Email: whitney@manalive.org.nz

Post: PO Box 21 963, Henderson, Auckland 0612.

Growing Men is a twelve week anger management and life skills one-to-one counselling programme, based on Waiora, the total wellbeing of the person. It's designed for male youth 8—17 years of age who are finding it difficult to control defiance, anger, aggression or violence. It aims to develop Manaakitanga, the behaviour which acknowledges the Mana of others as having equal or greater importance as their own. It encourages male youth to grow, become more self-aware, deal with underlying issues, understand the impact of their choices on themselves and others. This is achieved through Whanaungatanga, the building of relationships within themselves, the Whanau, Hapu and Iwi (family and wilder community). Underlying this is the Mana of the individual and their development of more responsibility for their thoughts, emotions and actions.

Programme Overview

During the course of the 12 week programme the overarching themes of: Waiora, Manaakitanga, Mana, Whanaungatanga, Wairuatanga are covered. These themes run throughout the all the below highlighted topics.

The session outline is fluid as different participants move through topics or issues at different rates. As each participant is different, more or less emphasis may be needed on different topics, or topics may need to be dealt with in a different order.

Sessions 10 &11 are designed to allow counsellors flexibility to deal with specific participant issues.

Whanau (Parents/caregivers and wider family) can be involved throughout the entire course of counselling depending on the participant and the issues. In this programme they are at least involved in Sessions 1, 6 & 12.

Session 1-2 Tooku Ake Mana - (Who am I? Why am I here?)

- Assessment Session
- (Parents/Caregivers involved for half the first session)
- Who am I?, Why Am I Here? & Where am I going?

Sessions 3—5 Whatumanawa— (Tools that develop healthy expression of emotion)

- Responsibility (Five Part Respond Ability Model)
- Tension Scale
- Time Out
- Triggers

Session 6 –9 Whanaungatanga - (Relationships With Myself and Others)

- Parents/Caregivers Session (Family Strength Based Work)
- (Parents/Caregivers involved for the whole of session six)
- Forgiveness
- Relationships
- Communication
- Self Esteem

Session 10-11 Waiora - (Total well being)

- Identified Need Topics Could Include:
 - Extra sessions on previous topics
 - Family Therapy, Grief & Loss, Shame, Drugs & Alcohol, Trauma & Hurt, Other identified issues and Future Focus.

Session 12 Poroporoaki— (Farewell)

Bringing all parties together to review, farewell and look forward to the future.
 Parents/Caregivers involved for the whole session (Family Strength Based Work)



Elizabeth Michael

Sancta Maria College "pop up" uniform shop

26 NOVEMBER 2016

Elizabeth Michael Uniforms will operate a "pop up" uniform shop at Sancta Maria College on Saturday 26 November 2016.

This is a great opportunity for families to purchase all uniform components for **Years 7 - 13**.

Fitting rooms will be available for students to try on the uniforms and Elizabeth Michael staff will be able to assist with fittings.

WHERE: Sancta Maria College - Auditorium WHEN: Saturday 26 November TIME: 10.00am - 1.00pm

Cash, Eftpos & Credit Cards (Visa & Mastercard)
Please ensure all WINZ payments are made out to Elizabeth Michael Uniforms

Elizabeth Michael Uniforms ● 357 New North Road, Kingsland P: 09 358 1680 ● uniforms@elizabethmichael.co.nz www.elizabethmichael.co.nz





ElizabethMichael

Orders for Made-to-Measure school uniforms need to be placed by

11 Nov 2016

Special Fittings for

Sancta Maria College Uniforms

Elizabeth Michael Uniforms offers a Made-to-Measure service at no extra cost to those students who fall outside our school uniform size range (please see side panel).

In order to be able to offer this service we need all students to visit us at our Elizabeth Michael Uniforms

If you do not place a uniform order by this date we are unable to guarantee you will have a uniform for the start of 2017.

Due to the time it takes to measure someone we are unable to offer this service on the "open uniform day" at your school.

All student's who do require this service must visit us at Elizabeth Michael Uniforms.

Please phone us on 09 358 1680 ext 1 to book in your made-to-measure session with our in-house experts.

Elizabeth Michael Uniforms is open 6 days a week:

Monday - Friday 9am - 5pm Friday 9am - 4pm Saturday 9am - 12pm

Please note our special fitting service is available on Tuesday - Friday only and not on Mondays and Saturdays.

357 New North Road, Kingsland, Auckland
P: 09 358 1680 ● F: 09 358 1685 ● uniforms@elizabethmichael.co.nz
www.elizabethmichael.co.nz

Orders for Made-to-Measure school uniforms need to be placed no later than...

Friday 11th November 2016

- Are you exceptionally tall or have very long arms for your age?
 - i.e. the length of sleeves or body length in regular clothes is usually an issue for you?
- GIRLS are you smaller than a size 4 or larger than a size 22?
- BOYS are you smaller than a 64cm waist or a 2XS shirt?
- BOYS are you larger than a 116cm waist or a 3XL shirt?
- Please note all Elizabeth Michael garments are 'adult'

At the time of ordering you are required to pay a deposit of 50% for your uniform.

- This service is offered to those who require a "Made-to-Measure" service, we do not make special garments for minor differences.
- Hem and sleeve shortening is the responsibility of the individual. Elizabeth Michael Uniforms do not offer an alteration service for standard size garments.